

Whole grain Muesli, fruits and seeds

Product made from a mix of cereals: Whole Oat, wheat and barley flakes, It also contains sunflower, chia, flax and pumpkin seeds, mixed with dehydrated apple cubes.

This is a tasty and healthy product, high in fiber and low in calories.

• Uses: Commonly used as food for breakfast

Allergen Information	
Allergen	This product contains gluten (wheat, oats and barley).

Nutrition Facts	100g
Energy (kCal)	240
Protein (g)	10.3
Total Fat (g)	6.1
Total Carbohydrate (g)	82.1
Total Sugars (g)	9.1
Total Dietary Fiber (g)	10.5
Sodium (mg)	261

Packing and Storage		
Packing Weight	1.000 g Net Weight	
Storage Conditions	Fresh and dry space	
Shelf life	12 months from elaboration date	