



Whole Grain Muesli, berries and seeds

Product made from a mix of cereals: Whole Oat, Whole wheat and whole barley flakes. It also contains sunflower, chia and flax seeds, mixed with nuts, golden raisins and blueberries.

This is a tasty and healthy product, high in fiber and low in calories

- Uses: Commonly used as food for breakfast.

| Allergen Information | |
|---|--|
| This product contains gluten (wheat, oat and barley). | |

| Nutrition Facts | 100g |
|-------------------------|-------------|
| Energy (kCal) | 247 |
| Protein (g) | 9.3 |
| Total Fat (g) | 5.1 |
| Total Carbohydrates (g) | 76.6 |
| Total Sugars (g) | 11.8 |
| Total Dietary Fiber | 9.6 |
| Sodium | 243 |

| Packing and Storage | |
|----------------------------|---------------------------------|
| Packing (Weight) | 1.000 g Net Weight |
| Storage Conditions | Fresh and dry space |
| Shelf life | 12 months from elaboration date |