



**Whole grain muesli, almond and seeds**

This product is made from a mix of cereals: Whole Oat, wheat and barley flakes. It also contains roasted peeled Marigold, chia and flax seeds mixed with nuts; black raisins and laminated almonds.

This is a tasty and healthy product, high in fiber and low in calories

- Uses: Commonly used as food for breakfast.

<b>Allergen Information</b>	
Allergen	This product contain gluten (wheat, oat and barley) and almonds.

<b>Nutrition Facts</b>	<b>100g</b>
Energy (kCal)	221
Protein (g)	15.3
Total Fat (g)	6.0
Total Carbohydrate (g)	74.7
Total Sugars (g)	9.8
Total Dietary Fiber (g)	10.1
Sodium (mg)	259

<b>Packing and Storage</b>	
Packing (Weight)	1.000 g Net Weight
Storage Conditions	Fresh and dry space
Shelf life	12 months from elaboration date